

ORGANISER



3RD ORTHOPAEDIC CLINIC
HYGEIA HOSPITAL
ATHENS, GREECE



CO-ORGANISERS



SOCIETÀ ITALIANA ARTROSCOPIA
GINOCCHIO, ARTO SUPERIORE,
SPORT CARTILAGINE, TECNOLOGIE
ORTOPEDICHE



SOCIÉTÉ FRANCOPHONE
D'ARTHROSCOPIE (SFA)



6th Athens Shoulder Course

7-10 February
2024

2:1
Cadaver
Sessions on
Specific
Techniques

International
Faculty

Mini
Battles

Special
Physiotherapy
Workshop

Relive
Surgeries

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📍 MEGARON
Athens International Conference Center (Theoretical Sessions)

📍 ATTC
Anatomy Techniques & Training Center (Cadaveric Sessions)

A|S|C
Athens Shoulder Course

UNDER THE AUSPICES
 ESSKA



visit the official website for further information
www.athens-shoulder-course.com

SCIENTIFIC PROGRAM



6th Athens Shoulder Course



SCIENTIFIC PROGRAM

Thursday, 8 February 2024

08:00 - 09:00

SESSION 1

Moderators: **Michalis Iosifidis - Vasileios Chouliaras**

How to evaluate instability patients in 2023

Grigorios Avramidis

Management of 1st time shoulder dislocation

Mustafa Karahan

Instability classification according to the Stanmore triangle. Which is the surgeon perspective for each one of the different type of instability.

Namdev Gorgile

Instability classification according to the Stanmore triangle. Which is the role of the physiotherapist in each one of the different type of instability.

Maria Patramani

Discussion

09:00 - 09:30

Coffee Break

09:30 - 10:30

SESSION 2

Moderators: **Ladislav Kovačič - Zinon Kokkalis**

Instability in adolescence. Considerations and differences

Ana Catarina Ângelo

Instability in overhead athletes

Michael Hantes

Instability in collision athletes

Ruth Delaney

Instability in elderly patients. How to manage them?

Giuseppe Milano

Discussion

7-10 February
2024

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SCIENTIFIC PROGRAM

Thursday, 8 February 2024

10:30 - 11:45

SESSION 3

Moderators: **TBA**

Which is the perfect Bankart Repair?

Angelos Trellopoulos

DAS

Clara Azevedo

ASA

Marco Maiotti

Remplissage

George Athwal

DAS & Remplissage. Is this a valid combination?

Andrei Popescu

Discussion

11:45 - 12:45

Lunch Break

12:45 - 13:45

SESSION 4

Moderators: **TBA**

The glenoid track concept. Why to measure bone loss in instability case and how to do it

Giovanni Di Giacomo

Augmenting the BR. Why do it? Which are the limits?

Emmanouil Brilakis

A new way to calculate Glenoid bone loss in shoulder instability

TBA

Clinical outcomes and recovery rate of different procedures for recurrent anterior instability

Carlo Massoni

Discussion



6th Athens Shoulder Course



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Thursday, 8 February 2024

13:45 - 14:45

SESSION 5

Moderators: **TBA**

Open Latarjet
Dimitrios Alexakis

Arthroscopic Latarjet with screws
Berte Bøe

Arthroscopic Latarjet with buttons
Michel Azar

Arthroscopic Eden-Hybinette
Ettore Taverna

Discussion

14:45 - 15:45

SESSION 6

Moderators: **TBA**

Bone Block in combination with ASA
Raffaello Russo

Bone Block using the distal clavicle
Pol Huysmans

New perspectives on the management of glenoid bone loss
Psacal Glayse

New techniques for repairing Hill-Sachs Lesion
Ettore Taverna

Discussion

15:45 - 16:00

SESSION 7

Moderators: **Enrico Gervasi**

General concepts and my algorithm for instability cases. A life-time experience
Emmanouil Antonogiannakis

Discussion

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SCIENTIFIC PROGRAM

Thursday, 8 February 2024

16:00 - 16:45

SESSION 8

Moderators: **TBA**

Complications and osteoarthritis development after Latarjet.
How to manage them

Francesco Franceschi

Failed instability surgery after soft tissue procedures. How to manage
Nuno Gomes

Failed instability surgery after Latarjet or Bone Block. How to manage
Thibault Lafosse

Discussion

16:45 - 17:45

SESSION 9 - MINI-BATTLE #1



Moderators: **TBA**

Case scenario | A throwing athlete with instability. How to manage
Klaus Bak

Gonzalo Samitier

Christos Koukos

Geoffroy Nourissat

Discussion

17:45 - 18:05

HIGHLIGHTED SESSION

Moderators: **Nicolas Bonneville - Anastasios Georgoulis**

Shoulder pathology in professional swimmers. Prevention and management
Gianluca Camillieri

Discussion



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Thursday, 8 February 2024

18:05 - 19:05

SESSION 10

Moderators: **Andreas Panagopoulos**

AC-joint dislocation. General concepts. Treatment algorithm
Claudio Rosso

Acute type III AC-joint dislocations. Keys for successful treatment
Felix Dyrna

Chronic AC-joint dislocations. Which is the proper treatment
Frank Martetschläger

Type III AC-joint dislocations. The role of vertical and horizontal stability for the successful management

George Gatos

Discussion

19:05 - 19:35

SESSION 11 - MINI-BATTLE #2



Moderator: **Emmanouil Brilakis**

TBA

Shoulder surgery is art - **Jean Kany**

Shoulder surgery is pure science - **Geoffroy Nourissat**

Discussion

19:35

Opening Ceremony - Welcome Addresses

Welcome to Athens Shoulder Course - **Manos Antonogiannakis**

The Athens Shoulder Course History - **Emmanouil Brilakis**

The impact factor of a shoulder course in the advancement of global shoulder surgery - **Ben McIlroy**

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SCIENTIFIC PROGRAM

Friday, 9 February 2024

08:00 - 08:45

SESSION 12

Moderators: **TBA**

Calcifying tendonitis. Which is the borderline between conservative and operative treatment

Gonzalo Samitier

Stiff shoulder. When is it a surgical problem and how to fix it

Clara Azevedo

Which is the best way to manage stiff shoulder conservatively?

Maria Papatzikou

Discussion

08:45 - 10:00

SESSION 13

Moderators: **TBA**

Natural history of RC tears

Roshan M. Wade

Partial thickness. RCT. Injections treatment

Maristella Francesca Saccomanno

Strategy for preoperative planning for RCR

Alexander Van Tongel

SSC tears. Which is the best way to manage in 2024

Nicolas Bonneville

Posterosuperior RC tears. Which is the best way to manage in 2024

Ladislav Kovačič

Discussion

10:00 - 10:30

Coffee Break



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SCIENTIFIC PROGRAM

Friday, 9 February 2024

10:30 - 11:30

SESSION 14

Moderators: **TBA**

When and why RC repairs fail?

Andrian Błasiak

Biological enhancement of RCR (BMAC, adipose cells, PRP)

Panagiotis Papadopoulos

Patches over the repair. Where are we in 2024?

Miguel Ruiz Ibán

New aspect of rehab of RCR

George Kakavas

Discussion

11:30 - 12:15

SESSION 15 - MINI BATTLE #3



Moderator: **Christos Koukos**

RC Repair Case

Single Row - **Felix Dyrna**

Double Row - **Michael Hantes**

Transosseous - **TBA**

Discussion

12:15 - 12:35

HIGHLIGHT LECTURE

Moderators: **TBA**

Which is the next level of RC Repair

Geoffroy Nourissat

Discussion

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SCIENTIFIC PROGRAM

Friday, 9 February 2024



12:35 - 13:20

RELIVE

Moderator: **Emmanouil Antonogiannakis**

My transosseous technique

Brett Sanders

My transosseous technique

Pol Hyusmans

My transosseous technique

Alessandro Castagna

Discussion

13:20 - 14:20

Lunch Break

14:20 - 14:50

SESSION 16

Moderators: **TBA - TBA**

Quality of life - Arthroscopic cuff repair

Alessandro Castagna

Acute on chronic massive rotator cuff tears. Patient presentation one month, three months, one year after the injury. Which is the proper management in each case?

Francesco Franceschi

Discussion



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Friday, 9 February 2024

14:50 - 15:50

SESSION 17

Moderators: **TBA**

Pre-operative assesment of RC tears. How can we assess repairability?

Achilleas Boutsiadis

SCR (Fascia Lata). What is the current evidence

Clara Azevedo

The role of the biceps in RCR

Emmanouil Fandridis

Subacromial balloon spacer. Is it still an option?

George Athwal

Discussion

15:50 - 16:10

HIGHLIGHT LECTURE

Moderators: **TBA**

RC tear from my perspective

Emmanouil Antonogiannakis

Discussion

16:10 - 17:10

SESSION 18

Moderators: **TBA**

Latissimus dorsi transfer for irreparable posterosuperior rotator cuff tears

Enrico Gervasi

Lower trapezius transfer for irreparable posterosuperior rotator cuff tears

Peter S. Vezeridis

Pectoralis major transfer and graft for irreparable subscapularis tears

Maciej Uchowicz

Tendon transfer options for subscapularis tears

Thibault Lafosse

Discussion

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SCIENTIFIC PROGRAM

Friday, 9 February 2024



17:10 - 18:10

SESSION 19 MINI-BATTLE #4

Moderators: **Grogoris Avramidis - Marco Maiotti**

case: Irreparable RC tears

SCR with fascia lata - **Clara Azevedo**

Biceps over the repair - **Maristella Francesca Saccomanno**

Use a reverse and get a good results right away - **Miguel Ruiz Ibán**

Tendon transfer - **Jean Kany**

Discussion

18:10 - 18:55

SESSION 20

Moderators: **TBA**

The radiological evaluation of the cuff

Apostolos Karantanas

The effect of repair in shoulder pseudoparalysis

Michael Hantes

Intensity of the repaired cuff for traumatic versus degenerate tears with U/S follow-up

Benjamin Marjanovic

Discussion

18:55 - 19:55

SESSION 21

Moderators: **TBA**

When RSA is the only way to go

Jean Kany

RSA for RC arthropathy. Results and expectations

Rui Claro

Differences for RSA for Rotator cuff arthropathy comparing to other indications of RSA

Georgios Arealis

Tips and tricks for an RSA for RCA

Giuseppe Porcellini - via zoom

Discussion



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Friday, 9 February 2024

19:55 - 20:40

SESSION 22

Moderators: **TBA**

Anatomy and introduction to the scapula pathology
Giovanni Di Giacomo

How to manage scapula pathology conservatively
Ajit Dabholkar

Scapulothoracic arthroscopy
Ladislav Kovačič

Discussion

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SCIENTIFIC PROGRAM

Saturday, 10 February 2024

08:00 - 09:00

SESSION 23

Moderators: TBA

Aetiology and general concepts for the management of glenohumeral osteoarthritis

John Chiotis

Injection therapy for the management of the glenohumeral osteoarthritis

Anastasios Deligeorgis

The role of arthroscopy

Emmanouil Brilakis

The role of physiotherapy for the management of the glenohumeral osteoarthritis

Georgios Koumantakis

Discussion

09:00 - 10:00

SESSION 24

Moderators: **Efstathios Chronopoulos**

Preoperative planning for anatomic shoulder arthroplasty. What the surgeon needs to know

George Athwal

Anatomic shoulder arthroplasty. Current concepts, indications and future perspectives

John Costouros

Which is the best material for the glenoid component in anatomic shoulder arthroplasty?

Giuseppe Porcellini - via zoom

What are the limits of the anatomic shoulder arthroplasty for the management of primary shoulder arthritis?

David Dines

Discussion

10:00 - 10:30

Coffee Break



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Saturday, 10 February 2024

10:30 - 11:15

SESSION 25

Moderators: **TBA**

Poly-glenoid with hybrid peg implants

David Dines

Anatomic total shoulder arthroplasty. New bearings, new geometry and so on

Hans Rudolf Bloch

Will there be a place for anatomic shoulder arthroplasty in the future?

Edward McFarland

Discussion

11:15 - 11:35

HIGHLIGHT LECTURE

Moderators: **TBA**

The evolution of reverse shoulder arthroplasty. Where are we in 2024?

Alessandro Castagna

Discussion

11:35 - 12:50

SESSION 26

Moderators: **TBA**

Reverse shoulder arthroplasty. What measurement you need to know preoperatively and how they impact patients' outcome

George Athwal

3D planning for reverse shoulder arthroplasty. Why and how to plan?

Ruth Delaney

Artificial intelligence and machine learning for shoulder arthroplasty

Bruno B.Gobbato

Patient specific implants vs standard modular implants for reverse shoulder arthroplasty. Is there a difference in accuracy?

Giuseppe Porcellini - via zoom

Mixed reality in reverse shoulder arthroplasty. Where we are today

George Athwal

Discussion

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Saturday, 10 February 2024



12:50 - 13:20

SESSION 27 Mini battle #5

Moderators: **John G. Costouros - Edward McFarland**

Case of antonogiannakis 49 yo with BB2 glenoid

Anatomic - **Alessandro Castagna**

Reverse - **Edward McFarland**

Discussion

13:20 - 14:20

Lunch Break

14:20 - 15:00

HIGHLIGHT LECTURES

Moderators: **TBA**

How I plan my shoulder arthroplasties. The evolution of my experience and the lesson learned

Bruno B. Gobbato

My experience in planning for reverse shoulder arthroplasty

Emmanouil Antonogiannakis

Discussion

15:00 - 15:45

SESSION 28

Moderators: **TBA**

Which is the best way to regain ER in reverse shoulder arthroplasty

Michel Azar

Which are the options for lateralizing from the glenoid and how to choose the best for your patient

Peter S. Vezeridis

When and how to use lateralization from the humerus

Carlos Torrens Canovas

Discussion



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Saturday, 10 February 2024

15:45 - 16:05

HIGHLIGHT LECTURE

Moderators: **TBA**

Stemless RSA. My personal experience

Ofer Levy

Discussion

16:05 - 17:05

SESSION 29

Moderators: **TBA**

The failed anatomic shoulder arthroplasty. How to revise

George Athwal

The failed reverse shoulder arthroplasty. Current aspects, proper management

John C. Feroussis

The infected SA. Current concepts and proper management

Andreas Voss

Instability in reverse shoulder arthroplasty. When it happens and how to manage

Edward McFarland

Discussion

17:05- 18:30

Closing Remarks

Moderators: **Emmanouil Antonogiannakis | Emmanouil Brilakis**

Course Summary and presentation of the next course